

KCC Wellness Day!

Date: 03 August 2019

**Time: 07:00-
15:00**

**Location: KCC Gym on 5th (next to La Vie en
Rose)
60 5th Street, Lower
Houghton**

**Hosted by: Andries Lodder Biokineticist and
Team**

What will we be doing?

Discovery Vitality Fitness assessment where you can earn up to 7500 points!

Discovery Health Check where you can earn up to 22 500 points!

Earn up to a total of 30 000 Vitality Points for great rewards

Pricing

The Discovery Vitality Fitness Assessment costs R425.00 and can be paid by cash or credit card on the day and then can be claimed back from medical aid.

The health assessment can be done if funds are available. If no funds are available but you are a discovery life member you may pay with your credit card.

Does it matter if I'm not part of the KCC?

No, as long as you are on Discovery Vitality Member.

Discovery rewards

Ensure that you have completed your Vitality fitness assessment and Vitality age before you can activate your device or fitness booster.

Contact us for more information:

Email: kcc@bio4me.co.za

Contact: Fathima on 071 144 2917

Location: 60 5th Street, Houghton Estate, Johannesburg

